



Black and Honolulu Blue: In the Trenches of the NFL

Keith Dorney

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An unfiltered view of life as a big-time college and NFL player, this autobiography follows Keith Dorney, an All-American at Penn State and an All-Pro with the Detroit Lions, as he recounts his journey to the top and his views of football at the highest levels. The book articulately and candidly explores Dorney's life as a passionate football player from the unique perspective of the game's most grueling position. Verbalizing the reality of an athletic career, Dorney shares his hilarious and painful stories—from summer practice fights and game day battles to the training room, operating room, and press room, as well as rowdy nights out on the town and countless mornings wracked with pain the next day.

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