



## Quickies: The Handbook of Brief Sex Therapy

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**Effective techniques for fashioning pleasurable and satisfying sex lives.** Quick can be good in therapy, too. Green and Flemons gather a wonderful array of approaches to brief sex therapy, each presented by a well-known therapist in the field. Pleasure and humor are highlighted in the office and in bed as readers are reminded that the point of sex therapy is sexual change. *Quickies* takes its cue from clients and keeps it positive and quick.

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