

## **Every Mother Can Let Go of Stress**

Julie Ann Barnhill

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#### Every Mother Can Let Go of Stress Julie Ann Barnhill

Julie Barnhill knows moms. In her vast speaking experience, she has heard it all when it comes to the frustrations of motherhood, and she knows what moms want. Just as she did in One Tough Mother, Barnhill meets moms where they are and offers them hope and encouragement in the tough times.

Each of these compact, giftable books is filled with personal stories, Scripture, advice, and humor that will help moms cope and even laugh out loud in the face of mothering challenges. Specially designed for busy moms, these little lifesavers are the perfect gift for any mom with any age kids.



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