



What You Don't Know Can Kill You

Laura W. Nathanson

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In 2003, Dr. Laura Nathanson was widowed after the misdiagnosis of her beloved husband. After this tragedy, she was determined to help others protect themselves and their loved ones from similarly preventable health care disasters—and help them benefit from health care miracles.

In *What You Don't Know Can Kill You*, Dr. Nathanson provides a guide to getting the best medical care and navigating our frustrating and often impenetrable health care system. In clear, non-medical language, she shows how to:

- Flag any signs of misdiagnosis and misleading analysis of symptoms
- Prevent miscommunication among specialists from having dire consequences
- Stay safe in the hospital and bypass its dangers· Choose a health care plan without falling into the "uncovered services" trap

Full of empathy for each individual patient and caregiver, *What You Don't Know Can Kill You* will empower patients to be their own best advocates.

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