



Help! My Toddler Came Without Instructions: Practical tips for Parenting a Happy One, Two, Three and Four Year Old

Blythe Lipman

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Raising children is a serious business, especially in this era of two working parents with jam-packed schedules. A helping hand can make all the difference. Nationally known parenting expert Blythe Lipman is on a mission to help parents, offering hundreds of practical tips with a dash of humor. Go from stressed-out, overwhelmed and exhausted to melt-down free and mellow! The purpose of *Help! My Toddler Came Without Instructions* is to provide parents with quick solutions to help with those hair-raising toddler issues. When some new "toddler troubles" arise, grab the book, find the solution and you'll be back in control of your out-of-control child. Topics include sleeping (ways to transition from crib to bed, naps, creating a friendly sleep environment and nightly rituals and routines), potty training (age discussion, type of potty to use, fears, underwear, charts and issues), and fears (night terrors, stranger anxiety, the dark, monsters and separation anxiety).

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