

Keeping Spiritual Balance As We Grow Older: More than 65 Creative Ways to Use Purpose, Prayer, and the Power of Spirit to Build a Meaningful Retirement

Molly Srode, Bernie Srode

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Keeping Spiritual Balance As We Grow Older: More than 65 Creative Ways to Use Purpose, Prayer, and the Power of Spirit to Build a Meaningful Retirement Molly Srode, Bernie Srode As we grow older and face new demands on our bodies, it's easy to focus on the physical and forget about the transformations in our spiritual selves. This book is brimming with creative, practical ideas to add purpose and spirit to a meaningful retirement.



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