



# Massas Dia a Dia (Minicozinha Mais!) (Portuguese Edition)

*Editora Melhoramentos*

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**Com mais de 38 milhões de exemplares vendidos, a coleção Minicozinha chega agora em formato digital. Rápido, barato e fácil: não podia ser diferente.**

Desde que o macarrão da *mamma*, o prato principal de domingo, migrou para as refeições do dia a dia, o macarrão ganhou uma infinidade de variações. E afinal, como hoje sabemos, um prato de macarrão fornece energia, pois é fonte de carboidratos, tem vitaminas e sais minerais e, com o molho adequado, pode até compor refeições light. Por isso, incluímos um volume para as massas em nossa coleção, com receitas variadas e criativas. Elas estão bem explicadas para que todos possam eleger suas criações, como o espaguete do papai, a lasanha da minha irmã etc. E também para que quem mora sozinho e aqueles que estão aprendendo a cozinhar possam aproveitar melhor esse ingrediente versátil, de fácil preparo e custo acessível. E então, hoje tem macarrão?

As receitas da coleção Minicozinha Mais! estão mais fáceis, acessíveis e práticas do que nunca! Descritas passo a passo e ilustradas com belas fotos, são deliciosas, versáteis e foram criadas especialmente para você, que adora fazer sucesso na cozinha e enriquecer o cardápio da família.

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