

# The Lost Art of Ladyhood: 12 Essential Skills to Be Confident & Classy in a Crazy World

Jessie Funk

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In a world where women and girls are constantly under attack from the media with photoshopped, airbrushed images and pop-stars that tell them all they need to do is party all the time, kiss a lot of boys, be a mean girl to gain popularity, max their credit cards to buy designer clothes, etc., "The Lost Art of Ladyhood" communicates the counterpoint to those of our teen pop stars. Happiness does not come from revealing all your skin, going clubbing every weekend where you get so drunk you don't remember who you kissed, or maxing your credit cards just so you can buy the latest designer jeans. Happiness comes from living a life of character.

Teaching girls how to be ladylike has little to do with crossing your ankles and sipping tea correctly; it s about giving them tools and skills they can use to serve others, to be grateful, to think positively, to set powerful goals, to protect themselves from toxic relationships, and to learn to love themselves enough to where they learn to love others. "The Lost Art of Ladyhood" is a road map for navigate your way to confidence, classy-ness, character, and learning the lost art of being a lady."



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