



# **Self Discipline: The 7 Laws Of Self-Discipline: Become Strong, Become Confident And Create Your Success (7 Law Series, Self Discipline, Motivation, Willpower, Essentialism)**

*Brian Cagney*

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*The 7 Laws of Self-Discipline* can change your life! Inside this insightful book, you'll discover:

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- The 2nd Law of Self-Discipline: Begin With Small Things
- The 3rd Law of Self-Discipline: Train Your Focus
- The 4th Law of Self-Discipline: Burn Your Boats
- The 5th Law of Self-Discipline: Set Your Autopilot
- The 6th Law of Self-Discipline: More Than One Goal
- The 7th Law of Self-Discipline: The Foundation of Self-Discipline

With this powerful guidebook, you can understand the barriers to progress, like excuses, blame, and denial. You have the strength to see reality as it really is – and start telling yourself the truth. By giving yourself simple, easy-to-achieve goals and choices, you can rewire your brain for success!

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Mastering your mind takes effort and perseverance, but the results are so worth it! In *The 7 Laws of Self-Discipline*, Brian Cagneey gives you the tools you need to become a more efficient and productive person. When you develop a high level of self-discipline, you will feel prepared for anything life can throw at you. By proving to yourself that you can achieve your goals and find happiness, you can build true confidence – an unshakeable trust in yourself!

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**Don't wait another minute to put these tools into action in your life. Download *The 7 Laws of Self-Discipline: Become Strong, Become Confident and Create Your Success!* right away!**

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