



# Telling Each Other the Truth

*William Backus*

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## **Telling Each Other the Truth** William Backus

How to Speak the Truth in Love

This practical guide will be invaluable in every relationship of life--especially those that don't come easy. Putting into practice the time-tested principles within this book will enable you to interact effectively with family, friends, co-workers, and other important people in your life. Learn how to:

- restore the respect needed for healing damaged relationships
- foster better listening skills
- overcome the tendency to manipulate others in conversation
- avoid the destructive effects of accusation and defensiveness

Discover the difference it makes when you know *what* to say, *how* to say it, and *when* to speak the truth in love--the art of true communication. You'll love the life-changing freedom that comes from *telling each other the truth*.

William Backus was founder of the Center for Christian Psychological Services, a licensed consulting psychologist, and an ordained minister. Other books he has written include *Telling Yourself the Truth* and *What Your Counselor Never Told You*. Dr. Backus passed away in June 2005.

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