



## **Cheese: A Global History (Edible)**

*Andrew Dalby*

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Cheese is one of the most ancient of civilized foods and one of the most nourishing. Despite its many uses and variations, there has never been a global history of cheese, but here at last is a succinct, authoritative account, revealing how cheese was invented and where, when and even why. In bite-sized chapters well-known food historian Andrew Dalby tells the true and savoury story of cheese, from its prehistoric invention to its modern rebirth. Here you will find the most ancient cheese appellations, the first written description of the cheese-making process, a list of the luxury cheeses of classical Rome, the medieval rule-of-thumb for identifying good cheese, and the story of how loyal cheese lover Samuel Pepys saved his parmesan from the Great Fire of London. Dalby reveals that cheese is one of the most ancient of civilized foods. He suggests that our passion for cheese may even lie behind the early establishment of global trade, and asks in conclusion whether real cheese can survive the current imperative to globalize, pasteurize and sterilize our food. Packed with entertaining cheese facts, anecdotes and images, Cheese also features a selection of historic recipes. For those who crave a stinky Stilton, a creamy Brie or a salty pecorino, Cheese is the perfect snack.

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