

Premier Soccer

Michael Parker

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Master the essentials for winning soccer from one of the game's most successful coaches. In *Premier Soccer*, Michael Parker, the wins leader among active NCAA Division I men's soccer coaches, teaches every key technique and tactic, with accompanying drills and special tips for executing them when the match is on the line.

Premier Soccer tackles the skills and traits necessary for each position on the field, both offensively and defensively, as well as systems, set plays, restarts, and practice drills. With an emphasis on player development, on-field awareness, conditioning, and team play, Parker reveals his proven approach to team and player success.

Whether you are a player or coach, this is your guide to consistent and winning play at every level of competition.

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