



Shame and Humiliation: A Dialogue between Psychoanalytic and Systemic Approaches (The International Psychoanalytical Association Psychoanalytic Ideas and Applications Series)

Carlos Guillermo Bigliani, Rodolfo Moguillansky, Carlos E. Sluzki

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Shame and Humiliation aims at exploring a sub-set of universal emotions that are usually labelled as "negative" because of the sense of unease that they generate when we experience them and the tenacity with which we try to avoid them. They can thus becoming powerful instruments in the "power games" of our species, making their mark in both well-intentioned education as well as in merciless relations of oppression. Universal as they may be, though, these emotions are experienced and displayed in varied ways according to the mandates of different cultures and the vicissitudes of different socio-cultural strata. Shame and humiliation are therefore two key emotions that can cause deep suffering, as well as contribute to orient our social life. Some of the noblest and the most villainous acts are fueled by these emotions, from self-sacrifice to bloody revenge. The psychodynamics and the display in the relational world of these emotions are the subject of this book, which offers a friendly conversation between both disciplines through the discussions of the text of each author by the other two. Enlightening clinical cases and vignettes show destinies, transformations, and the manifestations in social and individual situations of both shame and humiliation.

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