



Atlas Tuina: enhanced ebook (German Edition)

Jürgen Schroll

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Kurzbeschreibung ***Der ideale Einstieg für jeden Tuina-Therapeuten*** Schöpfen Sie alle Möglichkeiten der Tuina-Therapie aus! In diesem Atlas finden Sie alle Tuina-Techniken in zahlreichen Varianten für den gesamten Körper. Anschauliche Anleitungen in Wort, Bild und Video geben Ihnen maximale Sicherheit bei der Manipulation. Eine echte Fundgrube für alle Tuina-Therapeuten! Langbeschreibung ***Alle Tuina-Techniken und ihre Umsetzung in der Praxis*** Die Tuina-Therapie ist eine wichtige Säule der Traditionellen Chinesischen Medizin (TCM). Sie umfasst sowohl massierende als auch mobilisierende und reponierende Techniken. Alle Techniken werden im Atlas Tuina erstmals mit zahlreichen Varianten präzise in Wort und Bild beschrieben. Eindeutig in ihrer Aussage erleichtern die Fotos die genaue Umsetzung der Techniken: Sie geben dem Lernenden Orientierung und dem bereits Praktizierenden zusätzliche Informationen über die zahlreichen Varianten, die in der Tuina zur Anwendung kommen können. - Grundlagen des Tuina im Konzept der TCM - Schritt-für-Schritt-Anleitungen der massierenden Anmo- sowie der manuellen Tuina-Techniken - Anwendungen gegliedert nach Körperregionen, inklusive Gesichts-Tuina - bewährte Tuina-Behandlungsmodule, z.B. Schwitzen anregen, Qi absenken, Leitbahnsystem harmonisieren - Tuina als Kombinationstherapie mit Akupunktur, ausleitenden Verfahren und ernährungstherapeutischen Empfehlungen - Triggerpunkt-Therapie mit Tuina-Techniken zur Verbesserung des Behandlungserfolgs - spezifische chiropraktische Manipulationen - Vorgehen zur Erarbeitung einer Behandlungsstrategie
Bonusmaterial online: Mit dem Code im Buch -haben Sie an Aktivierung Zugriff auf Abbildungen des Atlas Tuina - können Sie auf 24 Videofilme zugreifen, die alle Grundtechniken der Tuina demonstrieren sowie Patientenblätter für Ernährungsempfehlungen bei den wichtigsten Disharmonie-Mustern nutzen

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