

Earth Alchemy: A Seasonal Guide to Healing our Relationship with the Earth

Glennie Kindred

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In *Earth Alchemy* – an updated edition of Glennie Kindred's *The Alchemist's Journey* – she explores a powerful fusion between the ancient healing art of alchemy and the energy inherent in each of the eight Celtic festivals. This practical guide, written in Glennie's accessible style, show us how to work with each seasonal and alchemical shift, and use the natural energy of transformation to experience ourselves in a new way. It takes us on a journey of discovery, to find our gold, the source of our healing and happiness.

Earth Alchemy includes:

- A key to the Earth Festivals and creating celebrations that encourage our natural ability to transform and change.
- Key alchemical concepts and how they are tied to eternal natural laws we can all harness.
- How to recognize natural phenomenon and their subtle meanings for our personal healing.
- Experiencing the unity and interconnection of ourselves as part of the Earth.

Beautifully illustrated with Glennie's own deep evocations of alchemical spirit, this book is a must read for anyone who is seeking to commune more closely with the natural world and who wishes to become a powerful force for change in the world.



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