



From Prevention to Wellness Through Group Work

Joan K Parry

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Offering some of the most advanced thinking and practice in the arena of social work with groups, *From Prevention to Wellness Through Group Work* synthesizes the discussions and findings from the Annual Symposium of the Association for the Advancement of Social Work with Groups (AASWG). Gathered here are different ideas, techniques, and research (with a focus on prevention) for group work with seniors, adults, teens, and children. With a mix of authors from social work academia and practice, this book gives you groundbreaking theoretical pieces as well as emerging skills and techniques in group work. If you attended the conference you will refer to this book as a guide to the information presented. If you were not in attendance you need this book to discover what you missed! The two primary chapters in *From Prevention to Wellness Through Group Work* provide a look into constructivism and the power model and the empowerment approach as a paradigm for international social work practice. Other pertinent topics you learn about include:

- conflict management in group treatment
 - a social skills program for emotionally disturbed children
 - bullying and scapegoating in groups
 - groups for persons who have experienced transplants
 - groups for persons with AIDS
 - the intersection of different realities in the group setting
 - using poetry to revive traditional practice methods, theories, and values
 - mutual aid, democratic participation, power sharing, and consciousness raising
- From Prevention to Wellness Through Group Work* also shows you how group experiences prevent breakdown and encourage wellness for older adults in senior centers and retirement communities; the definition, scope, and usefulness of psychoeducational groups; how group-based methods can enrich research; and how monitoring group practice can strengthen your effectiveness and credibility. You'll find the book's consistent focus on prevention while providing ways to improve both group work practice and research through cooperative efforts most helpful.

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