



Phantasy in Everyday Life: A Psychoanalytic Approach to Understanding Ourselves (Maresfield Library)

Julia Segal

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Over the past fifty years dramatic ideas and discoveries have arisen out of the work of analysts. In *Phantasy in Everyday Life* Julia Segal is mainly concerned with Melanie Klein's contribution to the field and with everyday application of her theories. Central to Julia Segal's theme is Melanie Klein's concept of phantasy - the unconscious fantasies which control our assumptions, our thoughts, our emotions and our behavior. The first half of the book is concerned with daily life; the second more with theoretical issues. Written from her direct experience, Julia Segal's work will prove invaluable both to professionals and to the wider general public.

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