



Top Secret Recipes Lite!

Todd Wilbur

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Top Secret Recipes Lite! Todd Wilbur

With the new health-consciousness sweeping America, many of us feel we can no longer indulge in the tasty but guilt-inducing foods we grew up with. **Todd Wilbur**, who made a name for himself by allowing us to clone treats such as Oreos™ and Outback Steakhouse® Blooming Onions™ in our own kitchens, now gives us back our cherished foods with reduced fat and calories. Not only does Wilbur enable us to produce lite versions of Cinnabon® Cinnamon Rolls and Twinkies™, he shows us how to duplicate our favorite Snackwell™ and Healthy Choice™ products. **Top Secret Recipes—Lite!** includes recipes for 75 new dishes, complete with Wilbur's helpful diagrams, which call for ingredients easily found at the local supermarket. The newest addition to the **Top Secret Recipe** franchise is sure to make us not only happier, but healthier.

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