

¿Como saber si no eres budista? (What Makes You Not a Buddhist) (Spanish Edition)

Dzongsar Jamyang Khyentse

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¿Así que crees ser budista? Veamos, reflexiona. El maestro de budismo tibetano Dzongsar Jamyang Khyentse, uno de los Lamas más creativos e innovadores de hoy en día, arroja el guante al mundo budista, desafiando los conceptos erróneos, estereotipos y fantasías más comunes. Con ingenio e ironía Khyentse incita a los lectores a ir más allá de los adornos superficiales del budismo, más allá del romance con las cuentas del rosario, el incienso o los hábitos exóticos, y a entrar derecho en el corazón de lo que el Buda enseñó.

So you think you're a Buddhist? Think again. Tibetan Buddhist master Dzongsar Jamyang Khyentse, one of the most creative and innovative lamas teaching today, throws down the gauntlet to the Buddhist world, challenging common misconceptions, stereotypes, and fantasies. With wit and irony, Khyentse urges readers to move beyond the superficial trappings of Buddhism—beyond the romance with beads, incense, or exotic robes—straight to the heart of what the Buddha taught.



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