



Curarsi con la Naturopatia - Vol. 3 (Fare naturopatia) (Italian Edition)

Catia Trevisani

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La trattazione dei vari disturbi è realizzata attraverso rubriche fisse che affrontano la problematica in modo multidisciplinare (Fitoterapia, Aromaterapia, Medicina Tradizionale Cinese, Iridologia, Psicosomatica, Reflexologia plantare integrata, Yoga, ecc.). I disturbi trattati in questo volume sono: Cistite - Dolore mestruale - Ritardare l'invecchiamento - Paura e attacchi di panico - Ipertensione arteriosa - Calcoli biliari - Sovrappeso - Sinusite - Artrosi - Problemi della prostata.

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