



QUANTUM TRUTHS: Notes on Becoming What We Have Always Been

Heather K. O'Hara

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Since the beginning of time mankind has been searching for the truth about itself... asking questions about who we really are, what we are made of, why we are here, and what it means to be spiritual/human beings.

And still, even with all the great wisdom that has been spoken and written by the world's most beloved masters of every faith, culture and race—it seems that we may be asking for answers that do not exist or, in many cases, receiving answers that we do not understand.

We spin 'round and 'round, doing our best to figure it all out—trying to find logic and reason in life experiences that often appear to be random and chaotic. We struggle constantly, making difficult what should be easy. We brave our way through ancient beliefs, feeling powerless as we face unknown territory, desperately trying to feel a connection with ourselves; wanting peace of mind but not knowing how to have it—questioning our many and diverse relationships with one another and, perhaps more than anything else, wanting to understand why we are here ...and, yet, we are no closer to the truth than when we started.

But today, in response to the many questions that metaphysical author, Heather K. O'Hara, receives from readers all over the world, there is a book—a very simple book—for you and about you, that presents “truth” in a way that is easy to see and understand. You won't find a “to do” list in this book, nor will you find any specific rituals or daily practices because, as the author tells us on the very first page of QUANTUM TRUTHS, “Truth isn't found by becoming something else; truth is only found by becoming what we already are.”

An inspirational book for everyone, QUANTUM TRUTHS: NOTES ON BECOMING WHAT WE HAVE ALWAYS BEEN is a powerful modern-day book of Heather O'Hara's enlightening perspective on life, truth, and the unstoppable dynamics of spirit. Utilizing the “law of simplicity,” it is filled with words of wisdom that will help you understand how you create your own reality, how the law of attraction works, how every relationship tells us something important about ourselves, why we are here, what we are made of, and how to find happiness in any situation and meaning in every experience.

Inspiring, thought provoking, uplifting and empowering... Open to any page of QUANTUM TRUTHS—any page at all—and you may suddenly find yourself becoming who you have always been.

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Nancy Kline:

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