



# Authentic Communication: Transforming Difficult Conversations in the Workplace

*Fred Kofman*

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## **Authentic Communication: Transforming Difficult Conversations in the Workplace** Fred Kofman

When disagreements arise in the office, how do we express ourselves honestly without jeopardizing our career, our work relationships, or our own integrity? And how do we support the same openness in others? These are the critical questions you will explore in *Authentic Communication: Transforming Difficult Conversations in the Workplace*.

Drawing on his many years consulting with thousands of people on every organizational level, Fred Kofman shares a wealth of skills to help us “express and elicit all perspectives in the spirit of mutual learning.”

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