



Handbook of Work Stress

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Questions about the causes or sources of work stress have been the subject of considerable research, as well as public fascination, for several decades. Earlier interest in this issue focused on the question of whether some jobs are simply more inherently stressful than others. Other questions that soon emerged asked whether some individuals were more prone to stress than others. The **Handbook of Work Stress** focuses primarily on identifying the different sources of work stress across different contexts and individuals.

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